

Instructions for Vasectomy Patients

Pre-operative

The Vasectomy Consultation must be completed before the procedure can be performed. A Vasectomy Permission Form must be signed before the procedure is performed. Our Insurance Specialist will assist you with deductibles, Co-payments, referrals, etc. Please make these arrangements prior to the date of your vasectomy. Failure to comply may result in non-payment by your insurance company.

A nurse will contact you, several days before the procedure, to call in a prescription for the medication you will need for the vasectomy. Please notify us of any allergies. You will need someone to drive to your appointment and to drive you home after the procedure. The scrotal area must be shaved. It is not necessary to shave the entire pubic area; shave only the scrotum. Bring with you either a pair of jockey shorts or a scrotal support. This is to be worn after the vasectomy is performed. Have several zip-lock bags of ice in the freezer at home. If you live more than 30 minutes away, bring a bag of ice in a small cooler for after the vasectomy.

Post-operative

When you get home, apply an ice pack to the scrotal area. Do not lift any heavy objects or do any strenuous work for a couple of days. Be sure to follow the directions for the medications that were called in for you. Two semen specimens are required 6 weeks and then again in 4 weeks after your vasectomy. A sterile specimen container will be provided. Please call the office before you bring in a specimen.

Medication

You may take an over-the-counter pain pill such as Aspirin, Tylenol, Motrin, etc. For aches and pains, use the stronger pain medication provided at the time of your vasectomy.

Antibiotic – **LEVAQUIN** – Take this medication with an 8 ounce glass of water or juice.

Avoid antacids for two hours before taking the antibiotic and two hours after taking the antibiotic.

Pain medication – **ULTRACET** – Take one tablet every 4 to 6 hours as needed for less intense pain not relieved by the over-the-counter pain relievers (Aspirin, Tylenol, Motrin, etc.).

NORCO – Take one tablet every 4 to 6 hours as needed for severe pain.

You may alternate Aspirin, Tylenol, Motrin, etc. with this medication (every 4 to 6 hours).

If you have any questions or concerns, please call the office.